

EVENT: Spring Powerlifting Challenge Northwest

Date: March 14th 2009

Location: Nelson's Nautilus in Oregon City, OR

Name	AAPF /APF	Division	BWT (Lb)	WtCls (Lb)	SQUAT				BENCH				SUB Total	PL Total	w/4th Total	Coeff Score	Place			
					1	2	3	4	1	2	3	4								
Men																				
Larry Hook	apf	Open/Masters 40-44	106.6	110	395	395	427.5	455		265	280	287.5	715	327.5	355	365	375	1080	642	Best Lifter
Chris Duffin	apf/aapf	Open	89.8	90	345	367.5	367.5		240	255		622.5	272.5	305	335	363	957.5	985.5	612	1st Place
Steve Peterson	apf	Masters 45-49	122.0	125	362.5	395	410		210	240	240	650	250	262.5	272.5	265	912.5	838	523	1st Place
Sam Schultz	aapf	Masters 50-54	107.6	110	282.5	300	320	332.5	65	215	230	550	62.5	240	240	265	815	838	483	1st Place
Joaquin Diaz de leon	aapf	Submaster	173.7	SHW	295	330	345		160	205	227.5	535	237.5	272.5	285	285	807.5		437	1st Place
Dan Simpson	aapf	Open	81.2	82.5	250	272.5	272.5	280	160	182.5		432.5	182.5	205	222.5	242.5	637.5		431	1st Place
Rudy Kadlub	aapf/apf	Masters 55-59	89.8	90	227.5	237.5	250		110	165	175	425	210	237.5	242.5	242.5	667.5		427	1st Place
Alex Whitaker	aapf	Teenage 18-19	128.1	140	217.5	317.5	342.5		182.5	195	195	500	227.5	250	262.5	290	750		425	1st Place
Bob McCabe	aapf	Junior 20-23	97.1	100	225	242.5	260		150	157.5	162.5	405	260	280	290	290	685		422	1st Place
Mathew Turnquist	aapf	Raw Open	98.7	100	202.5	220	230		130	137.5	147.5	367.5	245	265	275	275	632.5		387	1st Place
Nathan Frenchen	aapf	Raw Open	95.7	100	155	170	185		85	97.5	107.5	282.5	205	225	240	240	522.5		324	2nd Place
Dave Bisers	aapf	Raw Open	73.0	75	112.5	125	137.5	150	80	87.5	100	225	165	165	165	165	390		283	1st Place
Brian Abers	aapf	Raw Open	81.6	82.5	120	135	160	165	80	90	102.5	225	140	145	150	150	370		250	1st Place
			0.0																	
Women			0.0																	
Kelli Sandoval	aapf	Masters 45-49	81.0	82.5	175	185	195	205	102.5	115	115	297.5	160	175	182.5	182.5	480		436	Best Lifter
Sheri Klocke	aapf	Masters 45-49	71.7	75	125	137.5	147.5		70	117.5	137.5	265	137.5	147.5	160	160	425		416	1st Place
Jill Bortz	aapf	Raw Masters 40-44	98.9	SHW	67.5	70	75		47.5	50	52.5	125	80	82.5	85	87.5	210	212.5	175	1st Place
			0.0																	
Bench Only			0.0																	
Samuelu Aumavae	aapf	Open	123.3	125	56.7				295	327.5	340	0					340		194	Best Bench
Ben Brizendine	aapf	Submaster	91.6	100					265	290	300	0					290		184	1st Place
Will Rogers	aapf	Open	149.7	SHW					260	272.5	282.5	0					272.5		151	1st Place
Rick King	apf	Masters 45-49	71.7	82.5					162.5	173	177.5	0					173		127	1st Place
Travis Monteith	apf	Raw Open/Masters 40-44	103.0	110					155	165	175	0					165		99	1st Place
Jay Donkers	apf	Masters 55-59	109.7	110					160	167.5	172.5	0					167.5		99	1st Place
Frank Winbigler	aapf	Open	77.6	82.5					135	140	142.5	0					140		97	1st Place
John Frost	aapf	Teenage 18-19	119.1	125					142.5	142.5	152.5	0					142.5		82	1st Place
Dave O'Niel	aapf	Open	161.5	SHW					265	317.5	335	0					0		0	
			0.0														0			
Deadlift			0.0														0			
Riley Hershberger	aapf	Teenage 18-19	102.5	242								0	165	175	182.5	182.5	182.5		110	1st Place