

EVENT: Summer Powerlifting Challenge Northwest

Date: August 22nd, 2009

Location: Lake Oswego High School, Lake Oswego Oregon

Name	APF/AAPF	Division	BWt (Kg)	WtCls (Kg)	SQUAT			BENCH			Sub Total	DEADLIFT			PL Total	Coeff Score	Place	
					1	2	3	1	2	3		1	2	3				
MEN																		
Chris Duffin	AAPF	OPEN	198.2	198.4	804.7	848.8	848.8	573.2	622.8	650.4	1471.6	722.0	782.6	782.6	2254.2	653	Best Lifter AAPF	
Dre' Andres Velleza	APF	OPEN	165.3	165.3	589.7	694.4	727.5	474.0	474.0	529.1	1168.4	496.0	534.6	534.6	1664.5	538	Best Lifter APF	
Shawn Orta	APF	OPEN	199.5	220.5	771.6	810.2	810.2	352.7	424.4	440.9	1234.6	507.1	584.2	606.3	1840.8	532	1st Place	
Wiliam Carpenter	AAPF	OPEN	329.6	SHW	799.2	859.8	859.8	501.5	551.2	600.8	1460.5	551.2	600.8	600.8	2061.3	518	1st Place	
Will Rogers	AAPF	OPEN	336.6	SHW	749.6	804.7	826.7	573.2	600.8	622.8	1427.5	584.2	622.8	622.8	2011.7	504	2nd Place	
Jesse Angel	APF	Sub-Master	261.5	275.6	722.0	760.6	760.6	463.0	496.0	551.2	1256.6	545.6	600.8	639.3	1857.4	486	1st Place	
Joaqui Diaz De Leon	AAPF	Sub-Master	376.3	SHW	705.5	733.0	755.1	463.0	501.5	518.1	1256.6	518.1	573.2	606.3	1862.9	459	1st Place	
Chris Bova	AAPF	Junior	219.6	220.5	633.8	700.0	700.0	402.3	435.4	468.5	1102.3	501.5	540.1	578.7	1642.4	454	1st Place	
Armando Barajas	APF	OPEN	159.6	165.3	490.5	540.1	540.1	363.8	402.3	402.3	854.3	496.0	551.2	551.2	1350.3	448	2nd Place	
Rudy Kadlub	APF/AAPF	Master 60-64	197.8	198.4	578.7	578.7	611.8	385.8	407.9	407.9	1019.6	479.5	518.1	534.6	1537.7	446	1st Place	
Jon Lara	AAPF	OPEN	190.0	198.4	479.5	479.5	501.5	303.1	303.1	314.2	804.7	440.9	474.0	474.0	1278.7	379	2nd Place	
Gary Hartung	AAPF	Master 40-44	216.5	220.5	396.8	429.9	463.0	308.6	380.3	407.9	870.8	330.7	396.8	429.9	1300.7	362	1st Place	
Mason Sawyer	AAPF	Junior	274.7	275.6	501.5	529.1	529.1	253.5	264.6	275.6	793.7	429.9	463.0	479.5	1256.6	325	1st Place	
David Thompson	AAPF	Master 40-44	181.9	181.9	286.6	303.1	303.1	303.1	363.8	418.9	589.7	314.2	352.7	402.3	992.1	301	1st Place	
Riley Hershberger	AAPF	Teen 18-19	204.1	220.5	330.7	358.2	358.2	264.6	281.1	281.1	595.2	418.9	435.4	435.4	1014.1	290	1st Place	
MEN RAW																		
Shawn Doyle	AAPF	OPEN	300.5	308.6	551.2	600.8	628.3	369.3	402.3	418.9	1047.2	600.8	661.4	700.0	1708.6	435	Best Lifter AAPF	
Dre' Andres Velleza	APF	OPEN	165.3	165.3	374.8	440.9	496.0	314.2	363.8	402.3	859.8	396.8	440.9	474.0	1333.8	431	Best Lifter APF	
Brian McCloud	APF	OPEN	198.2	198.4	490.5	551.2	551.2	308.6	319.7	330.7	870.8	396.8	451.9	485.0	1355.8	393	1st Place	
Philip Sherman	APF	Master 50-54	252.2	275.6	418.9	451.9	451.9	303.1	330.7	363.8	815.7	457.5	507.1	551.2	1366.9	361	1st Place	
Tony Gracia	AAPF	OPEN	177.9	181.9	374.8	407.9	407.9	231.5	248.0	248.0	622.8	352.7	391.3	418.9	1041.7	321	1st Place	
Russell Alldridge	APF	Open/Mas 45-49	178.1	181.9	314.2	363.8	407.9	259.0	297.6	319.7	727.5	385.8	440.9	463.0	1190.5	290	1st Place	
WOMEN RAW																		
Vanessa Uskoski	AAPF	Junior	177.9	181.9	275.6	275.6	292.1	165.3	176.4	181.9	451.9	281.1	292.1	308.6	760.6	314	1st Place	
Shonna Gist	AAPF	Junior	255.5	Unl	143.3	187.4	231.5	99.2	121.3	176.4	352.7	148.8	165.3	192.9	545.6	199	1st Place	
BENCH ONLY																		
Ben Brizendine	APF	Sub-Master	198.4	198.4					606.3	606.3	661.4				661.4	192	Best Bench <198 - \$250	
Adrian Larsen	AAPF	OPEN	271.2	275.6					639.3	672.4	700.0				672.4	174	Best Bench >198 - \$250	
Edward Eliason	AAPF	OPEN	234.3	242.5					402.3	440.9	468.5				440.9	119	1st Place	
Charlie Owen	AAPF	OPEN	212.3	220.5					402.3	429.9	429.9				402.3	113	1st Place	
Peter Poulos	APF	Sub-Master	264.3	275.6					363.8	402.3	402.3				363.8	95	1st Place	
David O'Neill	AAPF	OPEN	338.4	SHW					584.2	584.2	584.2				0.0	0	1st Place	
BENCH ONLY RAW																		
John Peterson	AAPF	OPEN	194.7	198.4					402.3	446.4	490.5				446.4	131	Best Raw Bench	
Joey Arnold	AAPF	OPEN	178.1	181.9					319.7	336.2	336.2				319.7	98	1st Place	
Mike Spencer	AAPF	Master 50-54	244.0	275.6					319.7	341.7	363.8				363.8	97	1st Place	
Scott Johnson	AAPF	Master 40-44	181.2	181.9					253.5	264.6	286.6				264.6	81	1st Place	
DEADLIFT ONLY																		
Mark Wetcher	AAPF	Open Teen	242.3	242.5								727.5	804.7	810.2	727.5	194	Best Deadlift	
Bobby Busch	AAPF	16-17	219.8	220.5								407.9	440.9	463.0	463.0	128	1st Place	
PUSH PULL																		
Bob McCabe	AAPF	Junior	197.5	198.4					319.7	347.2	347.2	0.0	551.2	584.2	606.3	925.9	93	1st Place